

FAMILY MEDICINE GRAND ROUNDS

# *Social Media, Screen Time and Adolescent Health*

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***FREE Virtual CME Program***  
**Tuesday January 19, 2021**  
**6:00-7:00 pm**

**Course Directors:**

Kimberly Aparicio, MD, Assistant Professor

**Zoom Link:**

<https://utsouthwestern-edu.zoom.us/j/93882501744?pwd=bi9qZktNNUGvdys0bTVhMjJkQzJoQT09>

**Overview:** This activity provides an opportunity to review and present what is relevant to primary care and up to date information that is applicable to day-to-day practice. In this discussion we will:

1. Define what constitutes social media
2. Understand the prevalence of media use/screen time in adolescents
3. Recognize harms and benefits of media use
4. Apply screening for adolescent social media use in your practice through
5. Demonstrate effective counseling for parents and patients regarding media use/screen time

**Who should attend?** Residents in training, fellows, medical students and other interested health care professionals and physicians at UTSW and Community primary care.

*UT Southwestern Family Medicine Grand Rounds provide an updated scientific knowledge foundation which will enhance diagnosis and treatment in the care of our patients.*

Accreditation and Credit Designation Statement: The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Texas Southwestern Medical Center designates this live activity for 1.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup> and up to 1.00 prescribed credit(s) by the AAFP. Physicians should claim only the credit commensurate with the extent of their participation in the activity.